

What's included in the NLP / HNLP Coach Practitioner Training pre-course audio set?

Advanced Visual Acuity Skills, Eye Accessing Detection and Utilization. Get a full explanation with rarely mentioned nuances. This is one of the keys for working directly with the unconscious mind conversationally. Calibration skills are without a doubt the least appreciated and probably most important set of skills to you can have to create connection, transformation and.... living a full life. It is what set Milton Erickson far apart from other therapists, yet really the aspect of his mastery which is rarely emphasized or taught explicitly.

Advanced training in Exceptional States of Observation. This is a new approach developed by John Overdurf from his Hypnotic Modeling material. How can you experience much deeper integration, activation and meaning into whatever you want to model? (This along with DTI is the heart of true modeling.) How can you quickly, shift through different states of heightened attention? You'll hear the effect it had on the class and if you do the same exercises yourself you'll be amazed. Then use them to listen to this material and you'll literally get things at levels you'd not before!

Advanced, novel application of Auditory Acuity Skills and Utilization. You will learn new ways of using external auditory Sub-Modalities, pattern interrupts, and a little known approach to dramatic verbal elicitation of states along with some rather outrageous installation stories.

Application of Quantum Field Theory to Create Rapid and Deep Rapport

(No, we're not talking about matching and mirroring!) This can be done with individuals or groups and is an integration of John's experiences in Esoteric Psychology, Buddhism, Huna and Casteneda's work. You'll learn the practical and honourable use of energy and intention in relationships that really works!

Streamlined Approaches to using the Meta Model. What are the absolute best questions to ask and when? How can you dissolve issues conversationally, using just the basics?

How to Incorporate Hypnotic Language in Coaching and Everyday Life ethically and effectively. Find out what is THE MOST IMPORTANT hypnotic pattern which can be used in any setting, not just a hypnotherapist's office. Hear elegant examples you would not typically detect, but from which you'll still benefit. (They are pointed out in the training!) There is also a surprise induction demonstrating deep trance phenomena, installation of rapid self hypnosis anchors, analgesia and anaesthesia, and post hypnotic suggestion.

Streamlined Approach to Present state and Outcome State Elicitation based on hypnotic techniques and utilization of unconscious processes that can be used in any setting.

Conversational Approaches to Anchoring, not kinaesthetic training wheel exercises! Ever wonder what are the keys to elicitation and anchoring that no one tells you? This is really the basis of any effective change process, but is so often not emphasized or taught in a way that is directly applicable to the real world. What variation of anchoring has the greatest scope in coaching especially in a business setting? It's all covered here.

Demonstration of Conversational Chaining of Anchors with a long term anxiety issue. You'll learn how to use a process most folks are "taught" in Practitioner trainings, but never learn how to transform this into an extremely elegant and powerful technique. Ever wonder what is the most practical strategy to install using chaining? You will be given a clue. It is not whether you feel unwanted or uncomfortable states, it's how you react when you feel them.

Conversational and Integrated Use of Mapping across Sub-Modalities to Change States and Beliefs. The depth and scope of these processes is so underestimated. Why? Because the important factors in doing Sub-Modality work typically has been lost through the generations, so to speak. You'll hear how these basic patterns can easily transition from one to another creating a multitude of options in your work in concert with other conversational approaches. Hear a Demonstration of this with an eating disorder.

Overview of Beyond Goals. What do we mean by Beyond Goals? It answers the questions: Why goals don't work? What does? What is the linguistic construction that creates attachment, and how can you transform it in everyday life? How to get out of the anxiety, procrastination and overwhelm cycle. How can you live your life from a state of being that produces grace-full results? This was the most transformative part of the training, based on the feedback and life changes that occurred after it. Listen for yourself. If you are already familiar with Beyond Goals, you'll find the latest processes that have structure but are so simple and organic that you can use them in your everyday life.

There's also an In-depth Segment on Parts Integration Using the Visual Squash. Lots of important nuances including a simultaneous demonstration with two demo volunteers. You'll hear how useful and effective linguistic scope ambiguity can be in this one!

This segues into a powerful closing of the training which includes powerful induction for creating alignment within yourself and other's around you.